Nersify

Nursing Jobs in the UK with Work-Life Balance

Discover **<u>nursing jobs</u>** in the UK that offer balance and fulfillment.

Learn how to thrive professionally while enjoying a rich personal life.



The State of Work-Life Balance in UK Nursing

Average Weekly Hours

UK nurses work about 37.5 hours weekly in NHS roles

Flexible Working

Increasing demand for part-time and job sharing options

Work-Life Challenges

Imbalance impacts patient care quality and nurse retention



Top Nursing Jobs for Work-Life Balance: Community Nurse

Role Focus

Care provided in patients' homes and community settings

Strong patient relationships and autonomy

Workday & Salary

- Flexible schedules
- Caseloads in specific areas
- £31,500 £41,750 (NHS Band 5/6)



Top Nursing Jobs for Work-Life Balance: School Nurse

Key Benefits

Regular hours aligned with school calendar

Focus on preventative health care and education

Typical Duties & Salary

- Health screenings and medication administration
- Term-time contracts available
- £28,407 £34,581 (NHS Band 5/6)

Top Nursing Jobs for Work-Life Balance: Occupational Health Nurse

Focus & Benefits

Promotes workplace health and safety

Predictable Monday-Friday hours

Daily Work & Salary

- Health assessments and injury management
- Health promotion campaigns
- £35,000 £45,000 (Private Sector)

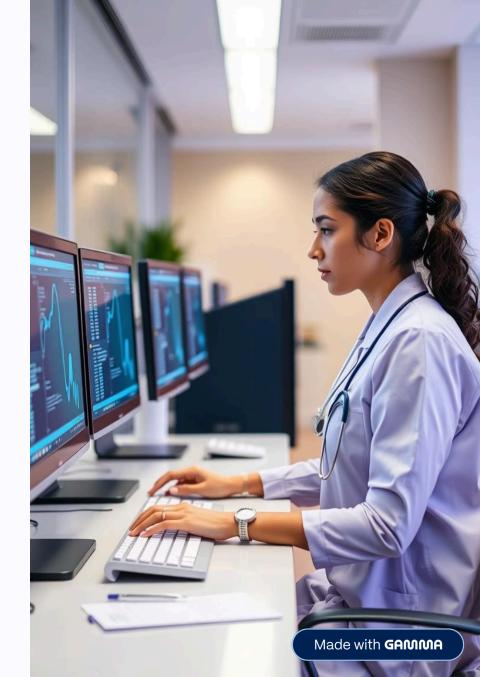
Top Nursing Jobs for Work-Life Balance: Nurse Informaticist

Role Overview

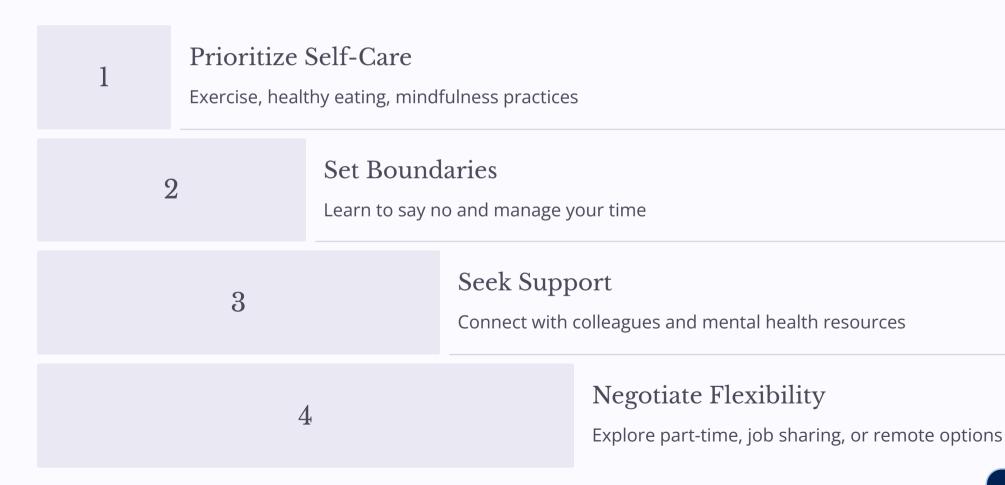
Combines nursing knowledge with IT to improve care delivery

Work Environment Office hours with possible remote work options

Salary & Duties Develops EHR systems, data analysis, training £38,890 - £47,672 (NHS Band 6/7)



Tips for Achieving Work-Life Balance as a Nurse



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Your Well-being Matters: Creating a Sustainable Nursing Career

Explore Balanced Roles

Community, school, occupational health, and informatics nursing

Take Action

Pursue work-life balance actively and seek resources

Use Available Help

RCN and NHS Employers offer well-being support services

Never Neglect Self-Care

Your health and happiness fuel your career success

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Get in Touch

www.nersify.com

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